



HOT STATION

GREENS N'THINGS

**STUDENT
FAVES**

**FROM THE
GRILL**

MONDAY
February 27

Homemade
Cheese Pizza
Bagel or with
Pepperoni

Homemade Chicken
Salad on a Ciabatta
Roll
Lettuce Tomato

Pasta Bolognese
Cheesy Garlic
Bread

Philly
Cheesesteak
Hero

TUESDAY
February 28

Meatball Parm
Hero

Crispy Chicken
Bacon & Cheese
Buttermilk Biscuit
Sliders

“Wings & Frings”
Breaded Wings
with Fries & Rings

Cheeseburger

WEDNESDAY
March 1

Pasta Bolognese W
Garlic Bread

Chicken Wings

Sausage Pepper
Onion Parm Hero

Pizza Eggroll W/
Marinara Sauce

THURSDAY
March 2

Sesame Chicken
with Broccoli over
Rice

Pulled Pork on a
Pretzel Roll with a
side of Coleslaw

“Food Truck
Style”
Chicken Gyro

Nan Bread
Veggie Pizza

FRIDAY
March 3

Baked Ziti with
Homemade Cheesy
Garlic Bread

Fresh Grilled
Veggies on a Wrap,
Panini or Salad

Grilled Cheese
and Tomato Soup
or Side Salad
Meal Deal

Shrimp Tempura
Basket w/
Seasoned Fries
RPM Sauce



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**GREENS
N'THINGS**

STUDENT FAVES

**FROM THE
GRILL**

MONDAY
March 6

Cheese Ravioli
Served with Garlic
Bread

Turkey BLT Club

Homemade
Chicken
Empanadas

Chicken Tenders
with Dipping
Sauces

Chicken Parm
Kaiser
Cheeseburger

TUESDAY
March 7

“NUGG BASKET”
Chicken Nugget
and Fries

Penne Pasta
Primavera with
Roasted Spring
Vegetables

Chicken Cutlet w/
Franks Red Hot
Lettuce & Tomato

Chicken Bacon
Cheddar Panini

WEDNESDAY
March 8

Chicken Fritter
Meal Deal

Homemade
Cheese Pizza
Bagel or with
Pepperoni

Roast Beef French
Dip w/ Mozzarella
on Garlic Bread

Chicken Cutlet
Parm

THURSDAY
March 9

General Tso
Chicken with
White or Brown
Rice

Bacon
Cheeseburger

Homemade
French Bread
Pizza

Philly
Cheesesteak
Slider Basket

FRIDAY
March 10

Popcorn Shrimp
Basket served with
seasoned Fries &
RPM Sauce

Chipotle Black
Bean Burger with
Lettuce & Tomato

Cheese Quesadilla

Cheese Tortellini
Marinara
Garlic Bread

Caprese Crostini
w/ Fresh
Mozzarella Grape
Tomato & Basil



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MONDAY
March 13

Loaded Tots
Bacon Cheese &
Scallions

Homemade Chicken
Salad on a Ciabatta
Roll
Lettuce Tomato

Penne Pasta
Primavera with
Roasted Spring
Vegetables

Hot a Hero Bar
Choice or
Meatball or
Chicken Parm

TUESDAY
March 14

Roasted
Chicken Quesadilla
w/ Cheddar Cheese

“Wings & Frings”
Breaded Wings with
Fries & Rings

Bacon
Cheeseburger

Pulled Pork on a
Pretzel Roll
Basket w/ Fries
& Mac Salad

WEDNESDAY
March 15

Chicken Fritter
Meal Deal with
Mashed Potato &
Corn

Homemade Ramen
Noodle in Chicken
Broth w/Scallions &
Carrots

Angus Beef
Cheeseburger

“Spirit Dog” All
Beef Hot Dog w/
Bacon & Cheese

THURSDAY
March 16

Sesame Chicken
with Broccoli over
Rice

Seasonal
Strawberry Cups

Daily “Yogurt Bar”

Corned Beef on
Rye
Panini



Classic
Elbow Beef
Mac

FRIDAY
March 17

**NO SCHOOL
WELLNESS DAY**



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GREENS N'THINGS

**STUDENT
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**FROM THE
GRILL**

MONDAY
March 20

Baked Ziti with
Homemade Cheesy
Garlic Bread

Beef Chili with
Homemade Tortilla
Chips and Cheddar
Cheese

Chicken Tenders
with Dipping
Sauces

Chicken Parm
Kaiser
Cheeseburger

TUESDAY
March 21

Sloppy Joe Slider
Basket

Chicken & Rice
Burrito

Daily "Yogurt Bar"

"Wings & Frings"
Breaded Wings
with Fries & Rings

Chicken Teriyaki
Panini w/
Mozzarella

WEDNESDAY
March 22

Chicken Fritter
Meal Deal

Homemade Mac &
Cheese
Warm Cinnamon
Pretzel Stick

Homemade
Cheese Pizza
Bagel or with
Pepperoni

Crispy Chicken
Bacon & Cheese
Buttermilk
Biscuit Sliders

THURSDAY
March 23

Boneless Chicken
Wings with BBQ
Buffalo Sauce

Homemade Ramen
Noodle in Chicken
Broth w/Scallions &
Carrots

"Food Truck
Style"
Chicken Gyro

Roast Beef
French Dip with
Mozzarella on
Garlic Bread

FRIDAY
March 24

Cheese Ravioli with
Cheesy Garlic
Bread

Fried Clam Strip
Basket with
Seasoned Fries

Mozzarella Sticks
With Marinara
Sauce

RPM Pizza Slice



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**MONDAY
MARCH 27**

Homemade
Cheese Pizza
Bagel or with
Pepperoni

Homemade Chicken
Salad on a Ciabatta
Roll
Lettuce Tomato

Pasta Bolognese
Cheesy Garlic
Bread

Philly
Cheesesteak
Hero

**TUESDAY
March 28**

Meatball Parm
Hero

Crispy Chicken
Bacon & Cheese
Buttermilk Biscuit
Sliders

“Wings & Frings”
Breaded Wings
with Fries & Rings

Bacon
Cheeseburger

**WEDNESDAY
March 29**

Chicken Fritter
Meal Deal

Watermelon Cups
Spicy Chicken
Wraps

Penne Pasta
Primavera with
Roasted Spring
Vegetables

Chicken Cutlet
Parm

**THURSDAY
March 30**

Sesame Chicken
with Broccoli over
Rice

Pulled Pork on a
Pretzel Roll with a
side of Coleslaw

“Food Truck
Style”
Chicken Gyro

Nan Bread
Veggie Pizza

**FRIDAY
March 31**

Baked Ziti with
Homemade Cheesy
Garlic Bread

Fresh Grilled
Veggies on a Wrap,
Panini or Salad

Grilled Cheese
and Tomato Soup
or Side Salad
Meal Deal

Shrimp Tempura
Basket w/
Seasoned Fries
RPM Sauce



DAILY BREAKFAST OFFERINGS

NEW!! Made to Order Yogurt Bowls Starting at \$2.00
Bacon Egg & Cheese Sandwich \$3.75
Sausage Egg & Cheese Sandwich \$3.75
Egg & Cheese on a Bagel \$3.25
Breakfast Burrito \$4.50
Big Boy Burrito \$5.50
Egg Whites on English \$3.00
Hash Browns \$2.50
French Toast Sticks \$3.00
Bagel w/ Butter \$2.00
 W/ Cream Cheese \$2.50
Homemade Muffins \$2.00
Cereal w/Milk \$3.00
Oatmeal \$1.50

BEVERAGES

Ocean Spray Juices \$2.00.
Iced Teas \$1.50
Gatorade \$2.00
1/2 Pint Milk \$1.00
Iced Coffee \$1.50
Green Tea Fresher \$1.50

DAILY COLD GRAB-N-GO

Carrot Cup (GF) \$2.00
Fresh Fruit Cup (GF) \$3.00
Cubed Cheese and Grapes (GF) \$3.25
Hummus and Pretzel Cup \$3.00
Apple with Carmel Cup (GF) \$2.50
Nutella w/ Apple Slices or Pretzel \$2.50
Whole Fresh Fruit (GF) \$1.50
Chocolate Pudding Cup \$1.50
Jello with Whipped Cream \$1.50
Home Baked Cookies \$1.50
Yogurt Cups (GF) \$1.50
PBJ on White or Wheat \$2.50
Nutra Grain Bars \$1.50
Yogurt Parfait \$2.50

ON DAILY ROTATION

Pizza Selection \$2.75 and up
Paninis Made to Order Starting at \$3.75
Burgers and Hot Sandwiches \$2.50/5.00
Cold Sandwiches and Wraps \$2.50/4.75
Fried Chicken Option \$4.75
Meal Deal Option (entree with side) \$5.00/6
Salad Bar Build Your Own Salad Starting at
 \$2.50