



HOT STATION

GREENS N'THINGS

**STUDENT
FAVES**

**FROM THE
GRILL**

MONDAY
Oct 31

Loaded Tots
Bacon Cheese &
Scallions

Chicken Nugget
Basket with Dipping
Sauces

Chicken Cutlet
with Honey BBQ,
Lettuce & Tomato

Bacon
Cheeseburger
Chicken Noodle
Soup

TUESDAY
Nov 1

Chicken Tender
Deal w/ Mashed
Potato & Corn

Seasoned Fries

Pasta Bolognese
Garlic Bread

Mozzarella &
Bruschetta
Panini

WEDNESDAY
Nov 2

Wings & Fringes

Homemade Ramen
Noodle in Chicken
Broth w/Scallions &
Carrots

Cheeseburger

“Spirit Dog” All
Beef Hot Dog w/
Bacon & Cheese

THURSDAY
Nov 3

Sesame Chicken
with Broccoli over
Rice

Pulled Pork on a
Potato Roll with a
side of Coleslaw

“Food Truck
Style”
Chicken Gyro

Chicken Cutlet &
Bacon Panini

FRIDAY
Nov 4

Meatball Parm
Hero

Mozzarella Sticks

RPM Pizza

Popcorn Shrimp

**HOT STATION****GREENS N'THINGS****STUDENT
FAVES****FROM THE
GRILL****MONDAY
Nov 7**Farfalle Alfredo w/
BroccoliRice balls w/
Marinara Sauce10 Piece Chicken
"NUGGS"
BasketChicken Parm
Kaiser
Cheeseburger**TUESDAY
Nov 8**Chicken Tenders
Waffle FriesRigatoni & Meatballs
with Garlic BreadBacon
Cheeseburger
Slider Make it a
Meal DealMeatball Parm
Panini**WEDNESDAY
Nov 9**Chicken Quesadilla
w/ Cheddar CheeseDouble Bacon
CheeseburgerHomemade
Cheese Pizza
Bagel or with
PepperoniChicken &
Waffles w/ Fries**THURSDAY
Nov 10**General Tso
Chicken with White
or Brown RiceChicken and
Spanish Rice BurritoHomemade
French Bread
PizzaRPM
Chili Cheese
Fries**FRIDAY
Nov 11**

NO CLASSES



HOT STATION

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**STUDENT
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**FROM THE
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MONDAY
Nov 14

Baked Ziti with
Homemade Cheesy
Garlic Bread

Mac & Cheese
Triangles

10 Piece Chicken
"NUGGS"
Basket

Chicken Parm
Kaiser
Cheeseburger

TUESDAY
Nov 15

Grilled Cheese with
Bacon and Tomato

Homemade Beef
Empanada
Meal

Bacon
Cheeseburger
Slider Make it a
Meal Deal

Meatball Parm
Panini

WEDNESDAY
Nov 16

Wing & Fringes
Meal Deal

Warm Cinnamon
Pretzel Stick

Homemade
Cheese Pizza
Bagel or with
Pepperoni

Spicy Chicken &
Cheese Kaiser

THURSDAY
Nov 17

Buffalo BBQ
Boneless Wings

Homemade Ramen
Noodle in Chicken
Broth w/Scallions &
Carrots

"Food Truck
Style"
Avocado BLT

Cheese Steak
Hero

FRIDAY
Nov 18

Managers Choice



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STUDENT
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FROM THE
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MONDAY
Nov 21



WELLNESS DAY

TUESDAY
Nov 22



VIRTUAL
LEARNING

WEDNESDAY
Dec 23



HAPPY
THANKSGIVING

THURSDAY
Nov 24



HAPPY
THANKSGIVING

FRIDAY
Nov 25



HAPPY
THANKSGIVING



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**STUDENT
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MONDAY
Nov 28

Cheese Steak
Slider Basket

10 Piece Chicken
"NUGGS"
Basket

Chicken Cutlet w/
Franks Red Hot
Lettuce & Tomato

Bacon
Cheeseburger
Chicken Noodle
Soup

TUESDAY
Nov 29

Chicken Fritter Meal
Deal with Mashed
Potato & Corn

Meatball Parm
Hero

Pasta Bolognese
Garlic Bread

Mozzarella &
Bruschetta
Panini

WEDNESDAY
Nov 30

Wings & Fringes
Meal Deal

Homemade Ramen
Noodle in Chicken
Broth w/Scallions &
Carrots

Cheeseburger

"Spirit Dog" All
Beef Hot Dog w/
Bacon & Cheese

THURSDAY
Dec 1

Sesame Chicken
with Broccoli over
Rice

Homemade Chicken
Salad Kaiser

Chicken Parm
Or
Meatball Parm

Chicken &
Cheese
Quesdillia

FRIDAY
Dec 2

Popcorn Shrimp w/
Rice & Bang Bang
Sauce

Mozzarella Sticks
with Sauce

Turkey BLT
Club

RPM Pizza



DAILY BREAKFAST OFFERINGS

NEW!! Made to Order Yogurt Bowls Starting at \$2.00
Bacon Egg & Cheese Sandwich \$3.75
Sausage Egg & Cheese Sandwich \$3.75
Egg & Cheese on a Bagel \$3.25
Breakfast Burrito \$4.50
Big Boy Burrito \$5.50
Egg Whites on English \$3.00
Hash Browns \$2.50
French Toast Sticks \$3.00
Bagel w/ Butter \$2.00
 W/ Cream Cheese \$2.50
Homemade Muffins \$2.00
Cereal w/Milk \$3.00
Oatmeal \$1.50

BEVERAGES

Ocean Spray Juices \$2.00.
Iced Teas \$1.50
Gatorade \$2.00
1/2 Pint Milk \$1.00
Iced Coffee \$1.50
Green Tea Fresher \$1.50

DAILY COLD GRAB-N-GO

Carrot Cup (GF) \$2.00
Fresh Fruit Cup (GF) \$3.00
Cubed Cheese and Grapes (GF) \$3.25
Hummus and Pretzel Cup \$3.00
Apple with Carmel Cup (GF) \$2.50
Nutella w/ Apple Slices or Pretzel \$2.50
Whole Fresh Fruit (GF) \$1.50
Chocolate Pudding Cup \$1.50
Jello with Whipped Cream \$1.50
Home Baked Cookies \$1.50
Yogurt Cups (GF) \$1.50
PBJ on White or Wheat \$2.50
Nutra Grain Bars \$1.50
Yogurt Parfait \$2.50

ON DAILY ROTATION

Pizza Selection \$2.75 and up
Paninis Made to Order Starting at \$3.75
Burgers and Hot Sandwiches \$2.50/5.00
Cold Sandwiches and Wraps \$2.50/4.75
Fried Chicken Option \$4.75
Meal Deal Option (entree with side) \$5.00/6
Salad Bar Build Your Own Salad Starting at
 \$2.50