



HOT STATION

GREENS N'THINGS

**STUDENT
FAVES**

**FROM THE
GRILL**

**MONDAY
October 3**

Fusilli with Chicken
Broccoli & Alfredo
Sauce Served with
Garlic Bread

Homemade Ramen
Noodle in Chicken
Broth w/Shredded
Carrot

Chicken Cheese
Quesadilla

Chicken Parm
Kaiser
Cheeseburger

**TUESDAY
October 4**

Chicken Tenders
Mac & Cheese
Meal Deal

Spicy Chicken Wrap
or Have your Wrap
Made to Order at
“Greens & Things”

Bacon
Cheeseburger
Slider Make it a
Meal Deal

Meatball Parm
Panini

**WEDNESDAY
October 5**

“Wings & Fringes”

Spicy Chicken And
Mozzarella Panini

Homemade
Cheese Pizza
Bagel or with
Pepperoni

Rodeo Burger

Chicken Bacon
Cheddar Panini

**THURSDAY
October 6**

General Tso
Chicken with White
or Brown Rice

Crispy Chicken
Cutlet with Franks
Red Hot
Lettuce & Tomato

Homemade
French Bread
Pizza

Fried Ravioli
served with
Sauce

**FRIDAY
October 7**

Chicken Nugget
Basket served with
Fries

Cheese Ravioli
with Garlic Bread

RPM Pizza Slice
Choose
Pepperoni or
Plain

Mozzarella
Sticks with
Marinara Sauce

**HOT STATION****GREENS N'THINGS****STUDENT
FAVES****FROM THE
GRILL****MONDAY**
October 10No School
Columbus Day**TUESDAY**
October 11Hot Hero Bar
Meatball or Chicken
Parm

Turkey BLT Club

Cheese filled
Rice Balls
With MarinaraMozzarella &
Bruschetta
Panini**WEDNESDAY**
October 12

PSAT DAY

THURSDAY
October 13Boneless Buffalo
BBQ WingsPulled Pork on a
Potato Roll with a
side of ColeslawPasta Bolognese
Garlic BreadHomemade
Pizza
Bagels**FRIDAY**
October 14Clam Strip And
Seasoned Fries
Basket
RPM Spicy RanchHomemade Chicken
Salad on a Ciabatta
Roll
Lettuce TomatoRPM Pizza Slice
Choose
Pepperoni or
PlainBacon
Cheeseburger



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**STUDENT
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**FROM THE
GRILL**

**MONDAY
October 17**

Chicken Nugget
Basket served with
Fries

Jamaican Beef
Pattie

Chicken Tenders
with Dipping
Sauces

Chicken Parm
Kaiser
Cheeseburger

**TUESDAY
October 18**

Homemade
Personal Pizza

Spicy Chicken Wrap
or Have your Wrap
Made to Order at
"Greens & Things"

Bacon
Cheeseburger
Slider Make it a
Meal Deal

Meatball Parm
Panini

**WEDNESDAY
October 19**

"Wings & Frings"

PepperJack Cheese
Steak Club

Homemade
Cheese Pizza
Bagel or with
Pepperoni

Veggie Burger
W/ L&T
Chicken Bacon
Cheddar Panini

**THURSDAY
October 20**

General Tso
Chicken with White
or Brown Rice

Crispy Chicken
Cutlet, Lettuce &
Tomato with
Sriracha

Homemade
French Bread
Pizza

RPM
Chili Cheese
Fries

**FRIDAY
October 21**

Bang Bang Shrimp
Basket served with
seasoned Fries

Chipotle Black Bean
Burger with Lettuce
& Tomato

RPM Pizza Slice

Buffalo BBQ
Chicken Slider

Mozzarella
Sticks with
Sauce



HOT STATION

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**STUDENT
FAVES**

**FROM THE
GRILL**

**MONDAY
October 24**

Pastabilities
Pink or Marinara
Sauce

“Food Truck Style”
Chicken Gryo

Chicken Tender
With Dipping
Sauces

Chicken & Rice
Burrito

**TUESDAY
October 25**

Hot Hero Bar
Meatball or Chicken
Parm

Veggie Lo Mein

Chicken Tenders
with Dipping
Sauces

Mozzarella &
Bruschetta
Panini

**WEDNESDAY
October 26**

Breaded Chicken
Wings add your
own “Franks Hot
Sauce”

Homemade Cup of
Ramen Noodle in
Chicken Broth &
Shredded Carrot

Cheeseburger

Spicy Chicken &
Cheese Panini

“Food Truck
Style” All Beef
Hot Dog w/
Bacon & Cheese

**THURSDAY
October 27**

Boneless Wings
Plain or tossed in
Buffalo BBQ

Chicken Cheese
Quesadilla

Cheese Tortellini
Marinara
Dinner Roll

Pretzel Sticks
Salt or
Cinnamon

**FRIDAY
October 28**

“Franks Red Hot”
Breaded Chicken
Slider
Basket

Caprese Crostini w/
Fresh Mozzarella
Grape Tomato &
Basil

Clam Strip And
Seasoned Fries
Basket
RPM Spicy
Ranch

Bacon
Cheeseburger



DAILY BREAKFAST OFFERINGS

NEW!! Made to Order Yogurt Bowls Starting at \$2.00
Bacon Egg & Cheese Sandwich \$3.75
Sausage Egg & Cheese Sandwich \$3.75
Egg & Cheese on a Bagel \$3.25
Breakfast Burrito \$4.50
Big Boy Burrito \$5.50
Egg Whites on English \$3.00
Hash Browns \$2.50
French Toast Sticks \$3.00
Bagel w/ Butter \$2.00
 W/ Cream Cheese \$2.50
Homemade Muffins \$2.00
Cereal w/Milk \$3.00
Oatmeal \$1.50

BEVERAGES

Ocean Spray Juices \$2.00.
Iced Teas \$1.50
Gatorade \$2.00
1/2 Pint Milk \$1.00
Iced Coffee \$1.50
Green Tea Fresher \$1.50

DAILY COLD GRAB-N-GO

Carrot Cup (GF) \$2.00
Fresh Fruit Cup (GF) \$3.00
Cubed Cheese and Grapes (GF) \$3.25
Hummus and Pretzel Cup \$3.00
Apple with Carmel Cup (GF) \$2.50
Nutella w/ Apple Slices or Pretzel \$2.50
Whole Fresh Fruit (GF) \$1.50
Chocolate Pudding Cup \$1.50
Jello with Whipped Cream \$1.50
Home Baked Cookies \$1.50
Yogurt Cups (GF) \$1.50
PBJ on White or Wheat \$2.50
Nutra Grain Bars \$1.50
Yogurt Parfait \$2.50

ON DAILY ROTATION

Pizza Selection \$2.75 and up
Paninis Made to Order Starting at \$3.75
Burgers and Hot Sandwiches \$2.50/5.00
Cold Sandwiches and Wraps \$2.50/4.75
Fried Chicken Option \$4.75
Meal Deal Option (entree with side) \$5.00/6
Salad Bar Build Your Own Salad Starting at
 \$2.50